



The Young Persons' & Teen Trainings

Each of these workshops is specifically structured for children ages 9-12 (Young Persons' Training) & ages 13 –17 (Teen Training). Students learn necessary life skills to support them in making good decisions and choices, feel good about themselves, and interact more effectively with their family and peers. The workshops address issues of fear, resentment, and alienation and teach students how to manage their concerns in those areas.

The trainings focus on strengthening the inner capacity of students to **self-regulate their emotions**, build **self-confidence**, and become competent **decision makers**. As a result, the workshop will help to prepare them with a foundation that will allow them to meet the demands for the future and to make important choices in the face of peer-pressure.

Students engage in oral and written exercises, as well as role-playing activities. Participants have the opportunity to participate in one-on-one conversations with the trainer addressing their individual concerns. They also become part of a community of Young Persons and Teens that provide ongoing support and friendship long after the training ends. Most students choose to come back each year to either attend or staff our Young Persons and Teen trainings.

Graduates of the training report improved communication with their parents, siblings, friends and teachers as well as more ease, self-confidence and joy in their lives.

It is preferable that at least one parent have completed Stage I, but we are open to discussing the possibility of accepting children under different circumstances.

Teen Training: July 15th – 17th

Tuition: \$450 (\$395 if paid in full by June 15th)

Young Persons': July 22nd – 24th

Tuition: \$450 (\$395 if paid in full by July 22nd)

Times & Location: Courtyard Marriott – Lafayette, LA

Friday	Registration	11:15am – 11:45am
	Workshop	12:00noon – app. 9:00pm
Saturday	Workshop	10:00am – app. 9:00pm
Sunday	Workshop	10:00am – 4:00pm